

WEATHER YOUR LOCAL OUTLOOK

TODAY

**Max 25C
(77F)**



TOMORROW

**Max 27C
(80F)**



OUTLOOK UNTIL TUESDAY:

This weekend will truly be a hot one with temperatures set to top out at 27C. It will be cooler in the mornings but sunglasses and sun hats will be needed as the days go on as the heat begins to rise.

CHEMISTSROTA

BURTON:

Manor Pharmacy, Horninglow Street – Sat 9am-1pm
Asda Pharmacy – Sat 8am-10pm, Sun 10am-4pm
Dean and Smedley, Horninglow Road – Sat 9am-5.30pm
Morrisons Pharmacy – Sat 8.30am-6pm, Sun 10am-4pm
Boots, Coopers Square – Sat 8.30am-5.30pm, Sun 10am-4pm
Sainsbury's Pharmacy – Sat 7am-10pm, Sun 10am-4pm
All Saints Pharmacy - Sat 7am-10pm, Sun-Closed

SWADLINCOTE:

Brennans, Darklands Road – Saturday 8.30am-2.30pm
Dean & Smedley, West Street — Sat 9am-5pm
Sainsbury's Pharmacy, Civic Way - Sat 7am-10pm, Sun 10am-4pm

TUTBURY:

Dean and Smedley, High Street – Sat 9am-5pm

WOODVILLE:

Dean and Smedley, High Street – Sat 9am-12.30pm, Sun 12pm-1pm

CASTLE GRESLEY:

The Pharmacy, Linton Road – Sat 9am-12.30pm

CHURCH GRESLEY:

Manor Pharmacy, Market Street – Sat 9am-1pm

NEWHALL:

Dean and Smedley, High Street – Sat 9am-1pm

WILLINGTON:

Willington Pharmacy, Repton – Sat 9am-1pm

BARTON:

Co-op Pharmacy, Main Street – Sat 9am-1pm

STRETTON:

Dean and Smedley, Main Street – Sat 9am-5.30pm

STAPENHILL:

Dean and Smedley, Main Street – Sat 9am-1pm
Stapenhill Pharmacy, St Peter's Street — Sat 7am-10.30pm, Sun 9am-4pm

HATTON:

Good-life Pharmacy, Station Road – Sat 9am-12.30pm



TOP 10 MOST POPULAR STORIES ONLINE YESTERDAY

1

'My life is not worth living'

2

Notorious rising bollards snare yet another victim

3

The 'disgraceful' rise of zero-hour contracts

4

Council rejects pleas to dodge the 'bedroom tax'

5

Burton Polski Mini Market shamed with one star rating... again

6

Forced off the roads for development traffic

7

Betrayal of trust

8

The heat is on as region set to bake

9

Cadet forces could still use threatened TA base

10

Number of homeless drops by 100 in seven years

'YOU have cancer' is a sentence nobody ever wants to hear – but for one woman it was the opening shot in a battle she is determined to win.

Katherine Sinfield has been diagnosed with leukaemia and has been told by doctors that her only hope of survival is to have a bone marrow transplant.

“AFTER overcoming the initial shock of being diagnosed with leukaemia, my aim has always been to get home as soon as possible.

“When I was first discharged from the Queen's Hospital, I was pleased that life could return to some normality. I was still off work recovering but I was able to manage my leukaemia and pulmonary embolism with daily tablets and injections.

“Each return visit to see the consultant was a worry as your future depends on the outcome of a series of blood tests. For a few weeks, all was well and my tablets appeared to have the condition under control.

“It was a few hours after one of these routine appointments when I received a phone call from the consultant. They had re-examined my results and discovered something in need of further investigation. Within two days we were booked in to the Queen Elizabeth Hospital in Birmingham where things moved at a rapid pace.

They already had me booked in for bone marrow biopsy – a very painful procedure.

“Then came the longest four days of my life as we had to wait for the bone marrow to be processed.

“Doctors warned me on my previous visit to come prepared with an overnight bag as I could be admitted.

“I was, and now I am just hoping to get home as soon as possible.

“The search is on for a bone marrow donor as I will need a transplant after my various rounds of chemotherapy.

“I am eternally grateful for all those people who have volunteered or may volunteer to undergo testing as I know the process for the donor can mean a couple of days in hospital.

“All I ask is for people to take just five minutes to search for bone marrow online and see if they could help and maybe even become a donor.

“Every day is a constant cycle of tablets, injections or blood transfusions and although the next few months are going to be a challenge as I lose my hair and suffer the side effects of the chemo, I am looking forward to the day when I am discharged, clear of leukaemia.”



Can you spare five minutes to save my life?

Bone marrow: The facts

WHAT IS BONE MARROW?

BONE marrow is a soft tissue found in the centre of certain bones in your body. It is this bone marrow which creates stem cells. Stem cells are the 'building blocks', which can grow into any of the other normal blood cells such as red cells, which carry oxygen, white cells, which fight infection, or platelets which stop bleeding.

WHY DO WE NEED DONORS?

THERE are a number of diseases that prevent a patient's bone marrow from working properly. These include leukaemia as well as other diseases of the immune system.

Although chemotherapy will successfully treat some of these patients, for many the only possibility of a cure is to have a stem cell transplant from a healthy donor. In about 30 per cent of cases, a matched donor can be found from within the patient's family, such as a brother or sister. The other 70 per cent of patients have to rely on a matched volunteer donor.

NHS BRITISH BONE MARROW REGISTRY

People must be aged between 18 and 49 years old and be a blood donor. You can join when you next give blood, or at the same time as your first donation.



With over **25 years** experience, you can trust us to help you

Burton Hearing Centre, Peel Croft Surgery, Lichfield Street, Burton on Trent
Tel:01283 511820

Here, in her own words, she tells us about her fight to beat the disease and asks ALL readers to take just five minutes to perhaps help save her life.



HAPPIER TIMES . . .
Katherine, and
(main picture) with
her husband
Stephen.



KATHERINE is 32 years old and resides in Balfour Street, Burton, with her loving husband Stephen, who is the editor of Ashbourne News Telegraph and a Burton Mail journalist.

The pair married in August 2008 and are set to celebrate five years of wedded bliss together later this year.

She works as a reception class teacher and early years co-ordinator at Glascote Heath Primary School, Glascote, Tamworth.

She was diagnosed with chronic myeloid leukaemia (CML) on Monday, April 15 following a visit to accident and emergency at Burton's Queen's Hospital.

Katherine visited the department with a severely swollen left leg – symptoms indicative of deep vein thrombosis (DVT).

A few weeks earlier during the Easter holidays, she had suffered a similar problem in her groin, but on this occasion, the pain subsided after a few days.

In the early stages of treatment at accident and emergency, it was suspected that Katherine had DVT. However, an ultrasound on the swollen leg failed to detect any clots.

After x-rays and scans, clots were discovered on her lungs – a pulmonary embolism.

However, it was the results of numerous blood tests which confirmed that as well as this pulmonary embolism, Katherine also had CML.

Her white blood cell count was 286 – the normal figure should be between 4 and 11. Following a bone marrow biopsy, Katherine was described as being on the borderline between the chronic and accelerated phase of the condition (CML has three distinct phases: chronic, accelerated and blast crisis).

Katherine spent the next 11 days at the Queen's Hospital. Her care at Burton was being overseen by specialists at the Queen Elizabeth Hospital in Birmingham.

On discharge from the Queen's, Katherine's CML was being controlled using a mixture of drugs including the chemotherapy tablets Imatinib.

Many people can live normal lives for years taking this drug which is one of a handful of 'wonder drugs' on the market to keep leukaemia under control.

Imatinib is kinder to the patient as it doesn't involve many of the side-effects common with chemotherapy, like hair loss.

In addition to her chemotherapy tablets, Katherine was also injecting her stomach every day with blood thinning agents to control the pulmonary embolism.

Routine visits to the consultants at Queen's showed that the Imatinib was working well to control the CML. Her white cell count was down to 77 by April 30 and down to 2.4 by May 21.

However, it was one of these routine visits to the consultants on June 17, which sparked alarm. Her white cell count had risen to 11.9.

On June 19, her white cell count had now risen to 37.5. A further bone marrow biopsy confirmed that the CML was now in blast crisis phase and could no longer be treated with drugs.

Katherine was admitted to the Queen Elizabeth Hospital in Birmingham on Monday, June 24 and she has just completed an intensive course of intravenous chemotherapy known as FLAG IDA which is administered through a Hickman Line.

A Hickman Line is a surgical procedure to install two plastic tubes for the administering of drugs – these tubes protrude from your chest and are threaded under the skin to be connected to arteries in your neck. The line can be left in place for 18 months.

Katherine will spend the next few weeks recovering from the effects of this chemotherapy as her white cell count is now zero.

After what will be a four-week stay in Birmingham, Katherine should be allowed a week home for remission. Then the process will be repeated (one week of chemotherapy followed by three weeks of hospital-based remission).

A bone marrow transplant is the only cure and so the search has started to find a match.

'It is the
the only
cure for
me'

They will check that there is no medical reason preventing you from being both a blood donor and a stem cell donor.

At the time of your blood donation they will take an extra blood sample, so that they can identify your tissue type for the registry from your DNA – the genetic material our bodies are made up from. You must inform staff at the blood donation session that you wish to join the marrow register before your blood donation is taken. Patients and potential donors are matched by comparing the white cells in the blood to reveal tissue types.

More information is available by calling the National Blood Service Donor Helpline on 0300 123 2323.

THE ANTHONY NOLAN TRUST

THE trust uses its register to match potential bone marrow donors to blood cancer patients in desperate need of a bone marrow transplant.

It needs more young men aged 16 to 30 to sign up, as they account for 80 per cent of bone marrow donations but make up just 14 per cent of the register. It urgently needs people from black, asian and other ethnic minority backgrounds to sign up, as they are

currently under-represented on the register.

There are around 1,700 people in the UK in need of a bone marrow or blood stem cell transplant. Seventy per cent of patients will not find a matching donor from within their families – instead they turn to the trust to find them an unrelated donor.

The trust can only find a suitable donor for around half the people who need a lifesaving bone marrow transplant.

Anyone aged 16 to 30 can sign up online by visiting www.anthonynolan.org, filling in a short application form and providing a saliva sample.

Discount cards for youngsters

YOUNGSTERS in Burton can get cut-price bus travel if they register for a county-wide discount card.

The Staffordshire Card is free and also offers discounts discount travel for anyone aged 11-19 and lives in Staffordshire.

To sign up visit www.youthbox.info/yourcard/Sign-up-for-a-Your-Staffordshire-Card

Bears up for grabs at store

A BURTON town centre store will be raising money for MacMillan Cancer Support throughout today.

Customers at the Card Factory, in The Octagon shopping centre, will be in with a chance of winning a teddy bear.

A raffle will take place in the store with tickets costing £1.

Proceeds from the event will be donated to the charity.



TO READ
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burtonmail.co.uk

Sausage & beer event announced

THE Burton Bridge Inn has announced the dates for its next beer and sausage festival.

The event has been put on the calendar for Thursday, October 3 to Saturday, October 5.

It follows a successful event at the Bridge Street pub in April, which saw many people head over to sample the food and drink on offer.

NEWS IN BRIEF

Alleged benefit cheat court case adjourned

A BURTON woman accused of claiming benefits she was not entitled to has had her case adjourned.

Emma Fawcus, of South Broadway Street, appeared before Burton Magistrates' Court yesterday to face three charges of dishonestly claiming benefits.

She faces one charge of dishonestly making a false statement to obtain benefit payments for housing and council tax on March 1, 2011, and the other two for failing to notify the Department for Work and Pensions of a change in circumstances between May 25, 2009, and June 24, 2012, and between May 18, 2009, and May 7, 2012.

Magistrates adjourned the 29-year-old's case until July 11 as the papers had not been delivered and she answers unconditional bail until then.

Residents in snooker club break-in cop plea

POLICE have been asked to relay crime information to residents through a councillor after a break-in at a snooker club.

Pat Murray, who represents Woodville on South Derbyshire District Council, told members of the force at Swadlincote's Safer Neighbourhood meeting that residents were concerned about the break-in at Woodville Snooker and Social Club, in High Street, Woodville.

He said: "There is considerable concern among people. It would be nice if some information could be fed back to them."

The club was targeted by thieves between 11.40pm on Friday, June 21 and 6.40pm on Saturday, June 22.

The intruders broke in via a door at the back and stole money from boxes connected to snooker tables and from slot machines.

Celebration for 15 years strong charity shop

A CHARITY shop is planning a birthday celebration with a variety of activities.

Next week, the PDSA shop, in Station Street, Burton, will have been open for 15 years and staff are holding a celebration to commemorate the event.

There will be a tombola, raffle, cakes and volunteering opportunities.

The event will take place between 9am and 4pm on Saturday, July 13.

Pot of cash found for damaged footpaths

BADLY damaged footpaths could be given a revamp after a pot of cash has been found.

Councillor Kath Lauro, who represents the Linton division on Derbyshire County Council, told Castle Gresley Parish Council meeting that some money is available to repair footpaths.

Parish councillors mentioned Cadley Hill Roundabout, Bass's Crescent and Highcross Roundabout as some of the worst areas.

Leisure complex gets disabled shed nod

SHOBNALL Leisure Complex has been given permission to build a shed to store equipment for the disabled.

The complex, in Shobnall Road, Burton, had applied to East Staffordshire Borough Council's planning department for permission to build the detached shed which will store disabled bicycles and general sports equipment.